

Introducing...

“MY PERSONAL COMPASS” and “THE INFORMATION HIGHWAY”



The Delmarva Foundation, Florida Statewide Quality Assurance Program through funding provided by the Florida Agency for Health Care Administration and in cooperation with the Florida Department of Children and Families, Developmental Disabilities Program is proud to announce the release of **My Personal Compass**. For the past year, consumers, family members, advocates, providers, support coordinators and many others have worked with the Delmarva Foundation to produce a valuable tool to assist consumers to evaluate the services and supports they receive. **My Personal Compass** is an easy-to-use guide that provides a series of questions designed to help people gain insights and identify issues that are important to them about the way providers and other supports deliver services to the individual. Strategies that use healthy and productive approaches are included to help the person address troublesome issues or problems with specific providers.

My Personal Compass also includes information about the Florida **Bill of Rights** for persons with developmental disabilities that is part of Florida law and a section on **What To Do If I Become Involved with the Law**. Information includes guidance regarding personal identification (a sample card is included), what statutes help to protect them and who to contact, if arrested. We can never be too informed about this important area that can unexpectedly impact an individual's life!

A separate document as referenced in **My Personal Compass** is the **Information Highway**. Thanks to the Florida Developmental Disabilities Council, Inc. for allowing the project to use this important information from the **Planning Ahead** document. The **Information Highway** is a listing of numerous disability contacts throughout Florida and the United States.

Anyone who has questions, suggestions or comments regarding the document should contact Susan Prater-DeBeaugrine at the Delmarva Foundation in Tallahassee at 850-671-5044.

